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Celebrations with music during school assembly

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Abstract:

Can you imagine a life without music? It would be like a home without love. As soon as we are born we respond to the sounds around us and the first thing we hear is our mother's voice. And that's the same voice which sings us to sleep and hums those long-forgotten melodies which are set in our hearts. It brings back feelings and emotions, ties us to our homes and reminds us of special memories. We may share special songs with friends and families or link these sounds to our cultural traditions and festivals.

Keywords- School, celebrations, special days, assembly, music

Introduction

Every culture in the world has its own form of music that is enjoyed by all ages on every continent. Although each culture is different, music unifies all races and has been used throughout history for different occasions and for enjoyment and learning purposes. Music makes life easy to celebrate. Music is played or performed at every type of celebration which include weddings, festivals, and parties in daily life. Everywhere music is filled, let's see how it makes an impact in schools during the morning assembly.

Contents of Assembly

Assembly is conducted differently in different parts of the world. Generally, Indian schools gather all school children in a large ground or assembly area to perform activities. However, in some of the schools, classroom assemblies are also prominent where children sit and participate in the activities. Assemblies are conducted for an hour or so before the day gets started. More or less, every assembly has a common song or prayer, news headline, student talk, Teacher's talk and important announcements of the day. During festivals and special occasions, assemblies are



extended as students perform skits, talent shows, educational programmes, singing and dancing shows before the school. Children are excited to perform before their friends and in front of the school dignitaries. On that special day they come in color dress according to the event they are performing. It is an essential part of academics. Here's how you can make assemblies interesting. Let's list out here some of the special assembly's days' celebration with music.

As the Calendar Year starts with January let's start the Celebrations with music from the month of January.

The Harvest festival in Tamilnadu

Before the National festival The Republic Day, we have the cultural festival which depicts the tradition and culture of each state in India, **The Harvest festivals** in different parts of our country in different names. Makarsankranti in Andhra Pradesh, Lohri in Haryana, Bihu in Assam , Onam in Kerala, Baisakhi in Punjab, Pongal in Tamil Nadu.

Pongal is harvest festival, a traditional thanks giving occasion to nature. Pongal is celebrated with joy in school with community members like parents, teachers, NGO and students. Students perform various kinds of activities during the pongal festival. It gives a good opportunity to our team in collecting information about the pongal festival. In school, pongal was made by cooking rice in an earthen port at the courtyard at stove made of bricks. When the milk starts boiling and overflowing people shout "pongalo-pongalo".



Members of the school community organize various types of activities during pongal celebration at school. Firstly pongal celebration starts with guru pooja followed by colorful presentations of cultural programmes by students. It includes traditional dance, poems and songs. Thereafter traditional games mark pongal celebration in our schools. Our team members conducted traditional activities in our school. Kolam(floral art), tie flower in string, decorate pongal port and poem declaration are held as part of pongal celebration in our school. Students participated enthusiastically in all activities to promote pongal festivals among the community. It gives opportunities for students to learn about culture & traditions.



Our cultural sports like uriadhithal, silambattam, kummiattam, kayirizhutthal (Tug of war) etc... happens here. Children enjoy watching it and they cheer the participants and they want their favorites to win.

National anthem day – Jan 24th 1950

The National anthem of India "Jana ganamana" was written by Nobel Laureate Rabindranath Tagore. The anthem is written in high Bengali Sanskrit and is taken from the first five stanzas of a Brahmo Hymn which was composed and scored by Rabindranath Tagore himself: The National anthem underlines the importance of India as a diverse nation. It signifies that despite differences in culture, traditions, religion and languages, India is united under one flag. The anthem is significant in uniting people and reminding us that there we stand remain one under the Indian union.

The full melody of the National anthem is set in Alhiya Bilawal. On 24 January 1950 (before India's first Republic Day on 26th), the first stanza of Tagore's "Bharoto Bhagyo Bidhata" was officially declared as the National Anthem of India by the Constituent Assembly of India.

Subhash Chandra Bose was key in making the selection of the national anthem. For certain tributary occasions, just the opening and closing line of the anthem is sung as a shorter version.

On this day during the music class let's make the children sing the national anthem of India, **Jana ganamana** with proper pronunciation and within the time limit of 52 seconds. Children get energized using the stop watch and practice the national anthem, doing this they learn the national anthem properly, the tune, the lyrics and the timing limit. It motivates and increases the team spirit and builds teamwork among the children.

Republic day (National Day celebration)

Republic Day is celebrated on January 26 every year to remember the day when the Constitution of India came into effect after India gained independence after a very long freedom struggle. A salute of 21 guns and the unfurling of the Indian National Flag by Dr. Rajendra Prasad heralded the historic birth of the Indian Republic on that day. Thereafter 26th of January was declared a national holiday and was recognized as the Republic Day of India.

Ever since the historic day, January 26 is celebrated with festivities and patriotic fervor all around the country. In the month of January 2022, we had 75 th Year Republic Day which was celebrated all over India in all schools. Different events will be held related to Patriotism.



Usually they have the **VandeMataram** song Our National song sung by the singing group children and followed by Management dignitaries' motivational speech. Then comes the parade of the NCC students and the NCC Band children playing the band songs in instruments like trumpet, bugle, French horn etc. Sport related activities like "Silambam" our Tamilnadu traditional Martial Arts is done by trained students which is a visual treat to the children and a motivation to learn this self-defense art.

World Pulses day

It is observed on 10th February to spread awareness about the nutritional and environmental benefits of pulses as a part of sustainable food production. Pulses provide protein and fiber, as well as a significant source of vitamins and minerals, such as iron, zinc, folate and magnesium and consuming half a cup of beans like kidney bean, green peas, chickpeas per day can enhance diet quality by increasing intakes of these nutrients. Pulses provide protein, dietary fiber, and many vitamins and minerals.

Pulses can play a role in several special diets:

- **Gluten-free diet:** If a person with celiac disease consumes gluten (a protein found in wheat and some other cereal grains), an immune reaction is triggered in the small intestine, which can cause damage and poor absorption of nutrients. Pulses contain no gluten; therefore, people with celiac disease can use chickpeas, lentils or peas as an ingredient in recipes.
- **Diabetic diet:** For people with diabetes, consuming lentils, peas and beans may help with blood glucose management. Compared with some other carbohydrate sources, pulses have a lower glycemic index. Some studies have shown that consuming pulses may result in more stable blood glucose levels after meals.
- **Vegetarian diet:** Pulses are good sources of protein, vitamins and minerals (especially iron and zinc), which makes them an excellent food choice for vegetarians. They contain eight essential amino acids. Consuming lentils with rice provides the full complement of amino acids needed for growth.
- **Weight management diet:** Although more studies are needed, consuming pulses may help with weight management. For people trying to lose weight, pulses are high in fiber and protein, low in fat and moderate in calories. One cup of cooked lentils or dry peas contains about half of the daily

fiber recommendation for adults. Foods higher in fiber content usually help people feel “full” at mealtime. Children need to know about the importance of pulses which we intake in our food every day. Activity related to this topic can be given to children where they enjoy doing this.

Activity: Ask children to make a bowl of fruit salad or Veggie Salad using these pulses, and share the healthy recipe with their friends and their experience of making it by themselves. The Grades of 3, 4, and 5 can try this activity by which children help their parents bring happiness to them.

Song related to this is the food pyramid song.

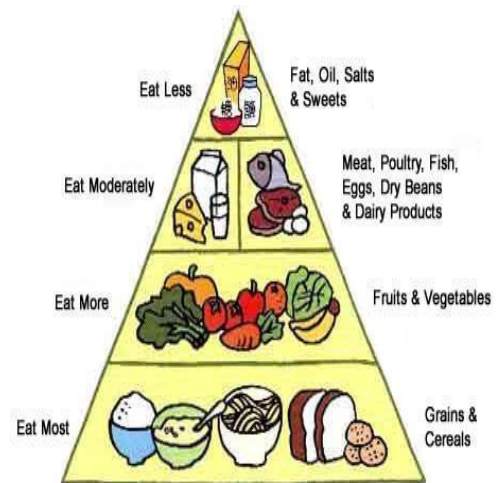
Food pyramid is a design to get healthier with time If we regularly exercise it makes us happier and wise Choosing the ingredients with the right nutrients and some variants will make a great experience Fruits and veggies are good to eat, vitamins and minerals Can be a treat, so eat them plenty to make you healthy Bananas and breads, potatoes and rice give you carbohydrates To be precise, whole grain varieties give you energy .

Beans and lentils, seeds and nuts, peas and pulses are a must Proteins helps your body grow and helps your system stay immune ,Nutritious food helps you grow, keep you healthy from head to toe Eating the right way, eating healthy all day Helps you through the day, keeps you fit in every way.

International Mother Language Day:

International Mother Language Day recognizes that languages and multilingualism can advance inclusion, and the Sustainable Development Goals’ focus on leaving no one behind. [UNESCO](https://www.unesco.org/en/education/mother-tongue-academy) believes education, based on the first language or mother tongue, must begin from the early years as early childhood care and education is the foundation of learning. It is celebrated annually on 21 st February worldwide to be aware of the diversity of the language and its variety. It promotes the awareness of language and cultural diversity across the world.

The theme of the 2022 International Mother Language Day, “Using technology for multilingual learning: Challenges and opportunities”, will discuss the potential role of technology to advance





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multilingual education and support the development of quality teaching and learning for all. To Promote and motivate we can make children perform for example...children can sing a song in praise of Tamil language, lyrics written by Na. Kaamarasar. This song comes in a Tamil book in the first term in grade 4.

Three children of grade 4 sang the praises of Tamil language and we consider the Tamil language as our mother, so we call it Tamil Thai or AnnaiThamizh.

The song about Tamil Thai

AnnaiThamizhe, En AaviKalandhavale

Yennaivalarpavale, yennil valarbhavale-2

Unnaipugazhvardharke

Ulagilpirappedutthen

Sollilvilaiyaadha, sollithandhavale

Sollilunadhupugazh, sollamudiyalaye



World Thinking Day

Each year on **February 22**, girls celebrate international friendship with Girl Guides and Girl Scouts around the world through activities and projects around an annual global theme. It is a special day in the Girl Scout year when we remember we are part of a worldwide movement. It is an opportunity to speak out on issues that affect young women and fundraise for 10 million Girl Guides and Girl Scouts in 150 countries. In 2022, the theme is “**Our World: Our Equal Future: The Environment and Gender Equality.**” To earn your World Thinking Day Award, you'll explore how girls and women are disproportionately affected by climate change and participate in the Girl Scout Tree Promise.

- It was decided by the delegates that this day would be 22 February, the birthday of both Lord Baden-Powell, founder of the Boy Scout movement, and Lady Olave Baden-Powell, his wife and the World Chief Guide.
- In 1999, at the 30th World Conference, held in Ireland, the name was changed from “Thinking Day” to “World Thinking Day”, to emphasize the global aspect of this special day.

The day is an opportunity to speak for the rights and needs of young women. It is also a way to raise funds to help the needy and deserving women. The day is celebrated by millions of young girls. It is an opportunity for scouts to connect with other girl scouts and guide and share their sisterhood. Young girls get to speak for issues they care about and spread their word around the world. One of the most impactful things that girl scouts and girl guides do is raise funds for the betterment of young girls around the world. This day the scouts and guides of grade 6, 7, 8 were called and the Management Dignitaries would be invited to light the lamp on this day and the children will sing the all faith prayer.



Science Day

Everything in the environment is based on science. Science pushes us to our limits. National Science day is for those who believe in science, technology, scientists, next-generation scientists, and technologists who make the future more interesting. Sukumar Chandra Sirkar (1898-1983) is one who invented science day.

The National Science Day commemorates the invention of the 'Raman Effect' by the great Indian physicist, Sir Chandrasekhar Venkata Raman. Sir Raman, on this same date, had invented the Raman Effect in the year 1928.

National Science Day is celebrated to spread a message about the importance of science used in the daily life of the people. To display all the activities, efforts and achievements in the field of science for human welfare.



Rally on National Science Day - Theme – Preserve Our National Emblems





During the rally children can sing the Art in education songs related to science like photosynthesis song, planet song, water cycle song, insect's song, Habitat song, The 3 R song.

Conclusion

Morning assemblies are a good idea for discussing the problems faced by the school or discussing any activity happening in the school. For example, the act of indiscipline by some students can be discussed so that it can be prevented. Students as a whole understand the problems and try to find out the solution. This instills discipline in them. Prayer purifies us and refreshes us and spreads good vibes and positive waves in us. When the children sing the prayer and school song they get excited and sung in unison, the ground gets reverberated.... What a feeling!!!! And a good start for the morning in school. These generation kids miss the feel of togetherness, so let's make them meet frequently for the morning assembly in school. Here chosen months are only two, January and February still we have many to go and find and collect the interesting special celebration days in school. Let's continue to find and enjoy music.

“Music is the shorthand of emotion.” – Leo Tolstoy

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